

Beatitudes of the Pilgrim

Reflect & Pray

What intentions do I bring with me on this pilgrimage?

What do I need to leave behind, what needs to be emptied out of me in order for me to receive the graces the Lord wants to pour out?

1. Blessed are you, pilgrim, if you discover that the path opens your eyes to what cannot be seen.
2. Blessed are you, pilgrim, if what worries you most is not to arrive, but to arrive with others.
3. Blessed are you, pilgrim, when you contemplate the journey and find it is full of gifts and blessings.
4. Blessed are you, pilgrim, because you have discovered that the true journey begins when it ends.
5. Blessed are you, pilgrim, if your backpack is emptied of things and your heart doesn't know where to put so many blessings.
6. Blessed are you, pilgrim, if you discover that one step backwards to help another is worth more than one hundred steps ahead without looking at the one beside you.
7. Blessed are you, pilgrim, when you can't find the words to express your gratitude for each bend in the path.
8. Blessed are you, pilgrim, if you seek the truth and make your whole life a journey, in search of the one who is the Way, the Truth, and the Life.
9. Blessed are you, pilgrim, if on the way you encounter yourself and give yourself unhurried time to attend to your heart.
10. Blessed are you, pilgrim, if you discover that the way contains much silence; and in silence, much prayer; and in prayer, an encounter with the Father who waits for you.

